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September Newsletter



The Legacy of Film Legend Val Kilmer

Actor Val Kilmer's passing in April 2025 highlights estate planning issues that can affect almost anyone. Although Kilmer was a celebrity, these issues—including managing real estate in more than one state, deciding what happens with digital assets, and using charitable gifts to leave a legacy and help reduce estate taxes—are concerns that can be especially important for individuals who have an out-of-state summer home or cottage, a creative or online-persona-based career, or a favorite charity they want to support after their death. Read more to discover lessons learned from Val Kilmer.

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Planning Beyond the Ring: Estate Insights from George Foreman



Born into an impoverished Houston household in 1949, George Foreman lived a rags-to-riches tale of pure Americana: Olympic gold medalist, heavyweight boxing champion, ordained minister, global pitchman, and father to a dozen children. Unlike many celebrities, Foreman was considered relatable and connected to his audience. Read more to learn about how that relatability extended to many of the estate planning issues he had to navigate as someone with multiple marriages, a large blended family, and adopted children.

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From Game Shows to Estate Plans: Insights from Regis Philbin

Regis Philbin, the Guinness World Record holder for the most hours on US television, was a familiar face in millions of homes for decades. By the time he retired from his show *Live with Regis and Kelly* in 2011, he had spent more than 16,740 hours in front of the camera. While Philbin accumulated most of his net worth as the host of game and talk shows, his estate planning documents and court records show that he also left millions in other assets behind. Read more to discover the lessons learned from Regis Philbin.

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Super Lawyer 2025!



SOWARDS LAW FIRM

Congratulations to our managing partner, Ben Sowards, on receiving Super Lawyers recognition for 2025! Ben has been recognized as a Super Lawyer since 2020, making this his 6th year in a row.

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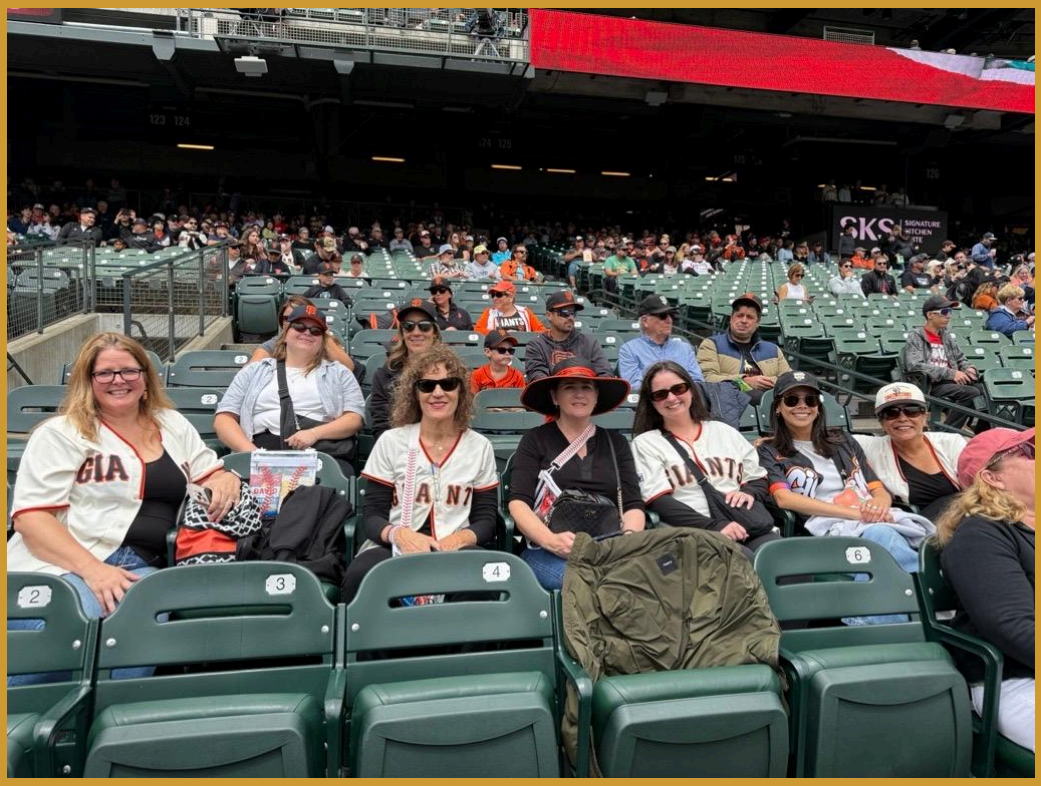
Go Giants!







Sowards Law Firm spent a day cheering on the San Francisco Giants this summer!

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