SOWARDS LAW FIRM

November Newsletter



Happy Thanksgiving!

Sowards Law Firm wishes you a very happy Thanksgiving! We hope that you eat plenty of turkey and spend quality time with your family.
As we get closer to the end of the year, we encourage you to review your estate plan and let us know if you have any updates. We look forward to hearing from you this year and in the New Year!





Medical Aid-in-Dying (MAID) Laws Are Expanding: What it Means for You

Medical aid-in-dying (MAID) laws are expanding across America, and they are prompting some difficult, but in some cases necessary, conversations among individuals, families, and advisors. While loved ones might have reservations about MAID, read more to learn that your attorney's office is one place where you are free to discuss this deeply personal end-of-life option without judgment and with the necessary legal guidance.

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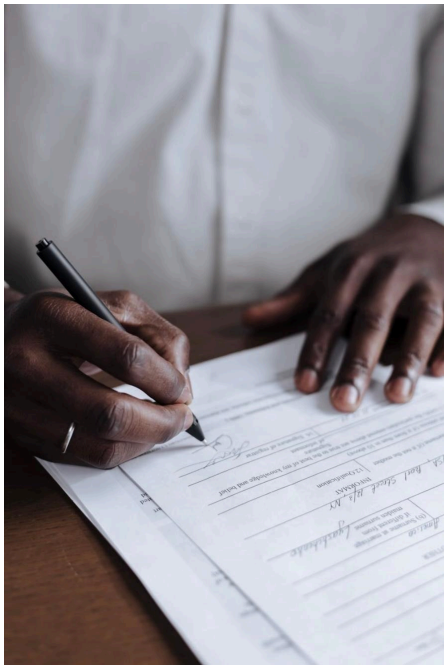
The Letter of Intent: The Document Your Estate Plan May Be Missing

Intention is one of the core principles of estate planning. Someone who is intentional about their legacy may spend years adjusting and refining their plan to harmonize present and future needs through documents such as a will and a healthcare proxy. Read more to discover that if your plan is missing a letter of intent, consider adding one as soon as possible to clarify your intentions.

Read More





Choosing a Care Facility? Ask About Their End-of-Life Policies First

Laws like medical aid in dying (MAID) reflect changing times and attitudes. If you find yourself caught in the middle and forced to change course, your options may come down to a trade-off between personal preference and facility policy. Read more to learn that coming prepared with the right questions can help you make end-of-life planning decisions that pair your wishes with what is legally supported.

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Sowards Law Firm News



Love at First Bite

This month Cheryl is taking you on a little journey across the pond to London, England where she recently returned from a fabulous tour of London and Paris!

- **Our restaurant feature this month is 370 Strand, located at 370 Strand, London England.**
- I was fortunate enough to have my very first London foodie experience at a quaint, traditional British café next to my hotel. I ordered a flat white coffee and a plain scone with jam and cream. OMG! The coffee was perfectly bold and incredibly smooth. The scone was simple and two inches thick! Paired with strawberry jam and cream, it was heaven.

Now, should one apply jam first or cream first? The Queen preferred jam first. I did try it the Queens way and I must say, I prefer it that way too – give it a try.

- The staff is very friendly and welcoming, and they are more than happy to pack up your scone(s) to go, along with as much jam and cream that your heart desires.
- The café itself is tiny, with only about eight to ten tables. The décor is simple, but the place settings are exactly what one would expect in a traditional English café, complete with China cups, saucers and plates. Bring a book and linger a bit in this cozy establishment.
- Will I go back? Well, I went back every single day I was in London! And you should too. If you find yourself in the UK, make this little gem a must-stop for what might be the best scones I've ever had.

We would love to hear about your favorite scone discoveries, whether close to home or somewhere abroad. As foodies, we are always on the lookout for little nuggets of deliciousness!

A local attorney, Jonathan Kahn, and his band performed this past week in Willow Glen. Some members of the Sowards Law Firm team went to support him!



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